

**BREAKFAST MENU CYCLE 2018-2019**

**Nov-18**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
WEEK 4				WG French Toast Slices(2/1oz=2B/G) Banana (1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	WG Cinnamon Roll(2B/G) 2 Can Applesauce (1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)
WEEK 1	<b>NATIONAL DONUT DAY</b> 5 WG Donut Oranges (1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)	NO SCHOOL 6	Biscuit(2oz=2B/G) 7 Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)	Eggs w/Toast(1 B/G,1.5M/MA) Grits Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	WG Cinnamon Roll(2B/G) 9 Can Pears(1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)
WEEK 2	WG Fruit Pastry Frudel(2B/G)  Oranges(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) 13 Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) 14 Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) Grits *Cereal w/ Toast(2B/G)	WG Muffin(2B/G) 15  Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	WG Cinnamon Roll(2B/G) 16 Applesauce(1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)
	19 THANKSGIVING BREAK	20 THANKSGIVING BREAK	21 THANKSGIVING BREAK	22 THANKSGIVING BREAK	23 THANKSGIVING BREAK
WEEK 3	WG IW Pancakes Mini(3.3oz=2B/G) 26 Oranges(1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) 27 Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)	<b>NATIONAL FRENCH TOAST DAY</b> 28 WG IW French Toast Mini(2B/G) Apples(1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)	Biscuit (2oz=2B/G) 29 Sausage Banana(1/2C) Juice(1/2C) Milk Choices(1C) Grits *Cereal w/ Toast(2B/G)	WG Cinnamon Roll(2B/G) 30 Can Peaches(1/2C) Juice(1/2C) Milk Choices(1C)  *Cereal w/ Toast(2B/G)

\*Offer cereal with toast as an additional option everyday. \*\*Poptarts or Cereal/and any 1 B/G Cracker for Emergency Menu